



LUXURY ON THE RUN

"The perfect Boxing Day pre-sale accompaniment, in the car!"

INGREDIENTS:

4oz (100g) white crab meat
4 eggs, lightly beaten
salt and ground black pepper
2 slices wholemeal bread
3oz (75g) unsalted butter
2 tbsp double cream

METHOD:

Combine the crab with the beaten eggs. Season with salt and ground black pepper.

Toast the bread, and spread with 1oz (25g) of the butter.

Keep warm.

Heat the remaining butter in a non-stick frying pan,
pour in the eggs and stir until cooked enough for your fancy.
Fold in the double cream and spoon on to the buttered toast.